Segni mossi YELLOW training

What is Segni Mossi?
Segni Mossi is a research project born from the meeting between Alessandro Lumare (visual artist) and Simona Lobefaro (choreographer) in order to experience the interaction between dance and graphic trace or, we can say, between marks which act in the temporal dimension (such as those left by a dancing body) and the traces that persist on a physical medium.
We move into a certain dimension, which is about the exploration, experimentation, discovery, amazement.

What are Segni Mossi's goals in the work with kids and adults?
valorize the sign and freeing it from any representative subordination;
become more confident in using our bodies as communicative tools;
explore the connection between the expressive qualities of the body movements and the expressive qualities of the sign;
consider the experimentation as a working method;
linger on the creative process rather than the result;
develop the ability of engaging themselves in group activities;
gain confidence in itself and in others;
value the differences;
stimulate critical thinking and aesthetic feeling.

What are Segni mossi trainings?
Two days full of operating group practices, there to experiment with kids, adolescents and adults, within school, social, theatrical, dance and art education contests. But above all, it's an involving experience and a personal growth opportunity.

Who are they aimed at?
Educators, dancers, art therapists, curious.

YELLOW training issues
the group in the space;
speed and strength of the track;
the darkness;
the ephemeral;
traces in our memory;
the dynamics of the jump;
symmetry in our bodies and drawings;
looking practices.
During the first day there will be a video presentation. Moments of work will be alternated by collective feedbacks in order to deposit and elaborate the experience and to analyze methodological aspects. Moreover, we will dedicate some time to illustrate the choice, the use and the organization of the materials.

For information and reservation please write to the local organizer mail address beside each date on our calendar. https://www.segnimossi.net/en/calendar.html

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